

Don't forget to tell your doctor...

...if you've had a
seasonal flu, H1N1
flu or pneumonia
shot since your
last visit.

And ladies, if
you've had a
mammogram
mention that, too.

Help your doctor
help you!



Resources for better healthcare

This material was prepared by VHQC, the Quality Improvement Organization Support Center for Communications and adapted by CIMRO of Nebraska, the Medicare Quality Improvement Organization for Nebraska, under contract with the Centers for Medicare & Medicaid Services (CMS), a federal agency of the U.S. Department of Health and Human Services. The contents do not necessarily reflect CMS policy. 9SOW-NE-PREV-56/0110